



# ST. CATHERINE LABOURE HEALTHY HABITS MENU

## May 2009

Healthy Habits Plate Lunch Price 2.50 includes milk

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		<b>Mother's Day</b>  IS MAY 10 <sup>TH</sup>		1 Popcorn Chicken Steak Cut Potatoes Chilled Fruit Animal Crackers Milk, 1% Fat <b>Popcorn Chicken Combo</b>	
4	5	6	7	8	
Nachos and Cheese Chilled Fruit Shredded Lettuce & Tomato Salad Brownie Milk, 1% Fat <b>Taco Salad</b> 2.50	Mini Pancakes w/syrup Sausage Patty Chilled Fruit Tator Tots Milk, 1% Fat  <b>Long John Donut</b> .85	<b>FIELD DAY</b>  NO LUNCH SERVED  	Macaroni & Cheese Green Beans Fresh Vegetables w/dip Chocolate Chip Cookie Milk, 1% Fat  <b>Bosco Breadstick</b> 1.30	Battered Chicken Nuggets Tossed Salad Lite Ranch Dressing Fresh Vegetables Mini Rice Krispies Treat Milk, 1% Fat <b>Chicken Nugget Combo</b> 2.45	
11	12	13	14	15	
Scrambled Eggs Hash Browns Bacon Chilled Fruit Biscuit Milk, 1% Fat <b>Long John Donut</b> .85	<b>SCHOOL PICNIC</b>  NO LUNCH SERVED	Bagel Cream Cheese Chilled Fruit Raisins Rice Krispies Treat Milk, 1% Fat Fruit Cup .70	Cheeseburger on Bun Fresh Carrot Sticks Mini Twist Pretzels Chilled Fruit Milk, 1% Fat  <b>Mini Caesar Salad</b> .70	Baked Chicken Strips BBQ Sauce Corn Chilled Fruit Sugar Cookie Milk, 1% Fat <b>Chicken Strip Combo</b>	
18	19	20	21	22	
Hot Dog on Bun French Fries with Ketchup Fresh Vegetables Fresh Fruit Milk, 1% Fat  <b>Cheese Fries</b> 1.50	Chicken & Dumplings Green Beans Fruit Cocktail Fresh Baked Brownie Milk, 1% Fat  <b>Mini Salad</b> .65	Toasted Ravioli Green Beans Chilled Fruit Teddy Graham Cubs Milk, 1% Fat  <b>Bosco Breadstick</b> 1.30	Hamburger on Bun Cheetos Cracker Trax Green Beans Chocolate Pudding Fruit Snack Milk, 1% Fat <b>Cheese Fries</b> 1.50	Popcorn Chicken Steak Cut Potatoes Chilled Fruit Animal Crackers Milk, 1% Fat  <b>Chicken Combo</b> 2.65	
25	26	27	28	29	
<b>MEMORIAL DAY</b>  NO SCHOOL  	French Toast Sticks Syrup Bacon Tater Tots Fruit Cocktail Milk, 1% Fat Cinnamon Roll .90	<b>PAPA JOHN PIZZA DAY</b> Chilled Fruit Sweet Treat WITH MILK OR DRINK BOX 2.50	Hot Dog on Bun French Fries with Ketchup Fresh Vegetables Fresh Fruit Milk, 1% Fat  <b>Crispito</b> 1.30	<b>PICNIC IN THE CAFE</b>  FUN! <b>\$2.50</b>  <b>Mini Taco</b> .95	
<b>HOT ALA CARTE ITEMS</b>		<b>COLD ALA CARTE ITEMS</b>		<b>BEVERAGE ALA CARTE</b>	
Hamburger	1.25	Bagel with Cream Cheese	.95	White Milk	.17
Cheeseburger	1.40	Poor Boy	1.25	Skim Milk	.16
Bacon Cheeseburger	1.75	PBJ Sandwich	.95	Chocolate Milk	.18
Grilled Cheese	1.15	Fresh Fruit	.50 & up	Sunny Delight	.85
Hot Dog	1.10	Hard Boiled Eggs	.35	Lemon/Orange Drink	.45
Chicken Patty	1.65	Snack Cakes	.50 - .70	50/50 Juice	.65
French Fries	1.20	Ice Cream Novelties	.70 & up	Capri Sun	.75
Cheese Fries	1.45	Grab n' Go Salads	1.45	Water	1.00
		Fresh Cookies	.95 & .55	Tropicana	.75
		Baked Chips	.95		